

RAINBOW SPARKLES


Rainbow
Children's
Hospital
It takes a lot to treat the little.


BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

NURSING
JEEVAN AMRITHA
NECTAR OF LIFE

BIANNUAL
NURSING
NEWSLETTER

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THE CMD'S DESK

Dear Rainbow family,

I am very delighted to launch the Nursing Newsletter – **RAINBOW SPARKLES!**

My hearty congratulations to the Nursing fraternity for coming up with this initiative of sharing the Nursing excellence.

We strongly believe that nurses are Heartbeat of health care in delivering the compassionate nursing care round the clock which is possible only because of our unwavering commitment. We hope our skill enhancement program equips our nurses for their professional development for fostering quality care in mother and child services.

I wish **RAINBOW SPARKLES** makes us feel connected with our nursing community.

DR. RAMESH KANCHARLA

Chairman & MD Rainbow group



THE COO'S DESK

It gives me a lot of joy to welcome the newly launched nursing newsletter - **RAINBOW SPARKLES**.

Nurses contribute immensely to our mission of success in the number of smiling faces and **upholding the Rainbow values**.

Nurses play a pivotal role in dispensing the highest standards of care and customer centricity. Looking forward to many more meaningful editions.

SANJEEV SUKUMARAN

Chief Operating Officer-Rainbow Group



THE MEDICAL DIRECTOR'S DESK

I'm extremely happy and proud to see the launch of the nursing newsletter, **RAINBOW SPARKLES**, highlighting and reflecting on the outstanding contributions of our nursing staff.

This is an excellent opportunity to showcase the invaluable contributions towards clinical excellence. It's overwhelming to acknowledge and celebrate the exceptional work.

We thank our nurses - For inspiring us, and for the quality teamwork.

DR. PRASHANTH

**Group Medical Director &
Regional Director of Operations - Rainbow Group**

LEADERS VOICE THE NURSING DIRECTOR'S DESK

It's an immense pleasure to share the happiness of our First Nursing Newsletter –

RAINBOW SPARKLES - Nursing जीवन अमृत - Nectar of Life from the heart of our nursing fraternity.

“Nurses embody the heart and soul of a healthcare, infusing compassionate care, expertise and empathy into every aspect of patient well-being, creating a healing environment that goes beyond medical treatment”

Today high-quality healthcare depends on nurses, we should recognize their tireless and invaluable contributions to patient care and create an ecosystem that takes care of their welfare. As we navigate the complexities of 21st century healthcare, our nursing team excels in delivering customer-centric services with disease-specific plan of care, empathetic approach, prompt responsiveness, and real time documentation along with audits.

Multi-disciplinary team approach with continuous quality improvement programs comprehend our dedication to setting new standards that ensures clinical outcomes and patient safety. We pride ourselves on offering top-notch clinical care, ensuring the highest standards of excellence for the well-being of our patients.

As we resonate the theme of International Council of Nurses-2023, Nurses-A Voice to Lead Invest in nursing and respect rights to secure global health, its inspiring call to action for all of us. We should shape our organization to be nimbler and more flexible, less hierarchical and more networked. There are enormous innovation and creativity in nursing and the potential for much more, through authentic leadership and maximizing our nursing capabilities.

We believe in empowering our nurses through facilitating various training programs

- ✦ National & International certified trainings.
- ✦ Rainbow Nursing Induction Program(RNIP).
- ✦ Capacity building through cross-departmental training.
- ✦ Qualitative care through clinical audits
- ✦ Specialized trainings -Nurse Practitioner & NICU, PICU& OBG fellowship program.
- ✦ Nurse specialist program - Lactation Nurse, Wound care nurse, Diabetic Nurse, Infusion Nurse.

Nurses pulsate with dedication, compassion and are the vital rhythm of patient care journey, Kudos to all our nurses for upholding our professional values, holistic care and for honoring the legacy of Rainbow Children's Hospital

Thank you once again for your support in creating “ONE RAINBOW”!!! - Vasudhaiva Kutumbakam!!

DR.USHA PRABHAKAR

Group Nursing Director- Rainbow

SPECIAL APPRECIATIONS

Dear Nurses,

I will always have the deepest gratitude for your kind hearts in dealing with tiniest and the most fragile, precious babies in Neonatal care units and critically ill sick children in pediatric intensive care unit with world class clinical quality care and advanced technology.

Today, nurses must not only listen to patients and care for their needs; they must also learn to integrate prevailing technologies and scientific medical advances in what they know.

You are truly appreciated for your care to bring **SMILES** to those you help. Believe in yourself always and your ability to make an impact to create change. Wishing you all the best as you embark on this exciting journey.

Dr. Dinesh Kumar

Director, Intensive Care Services

Beloved Nurses,

You play the most dynamic role in the birthing process and are an important part of the team at birth right creating new families. You stand out for your contributions, compassion and commitment I find it a great privilege to be working alongside you. Wishing you all the best and congratulation on this great initiative.

Dr. Pranathi Reddy

Clinical Director - Obstetrics & Gynaecology, Hyderabad.

THE REGIONAL DIRECTOR NURSING-HYDERABAD

At Rainbow we are proud to say that protocol led, consultant driven, 24x7 services are executed through our dedicated specialized nursing task force. We have Advanced Paediatrics OBG, PICU and NICU services along with all Pediatric Sub-Specialties under one roof driven by standardized clinical policies and pathways executed through competent nurses.

Wishing you all the best with the first Nursing Newsletter.

Mr. Haridaas

Regional Director Nursing-Hyderabad

THE NURSING MANAGER - CORPORATE

It's my pleasure to connect with each of you through our **National Nursing Newsletter**- a window into the heart of our nursing community. Our nurses are the backbone of our commitment to excellence and our **dedication** to providing exceptional care has a profound impact on our patients.

In our dynamic healthcare landscape, the pursuit of knowledge is key to delivering cutting-edge care. I encourage each of you to actively engage in **continuing training and development opportunities**. Stay curious, seek new challenges, and embrace learning as a lifelong journey. Our commitment to **excellence** is fuelled by our continuous growth.

The aim of education desk is to conceive and deliver **education, training, accreditation** and related programs in each branch using an approach of designing and creating structured standardized training.

Research is a bedrock of progress. By incorporating evidence-based practice into our daily routines, we not only stay at the forefront of healthcare but also enhance the quality of care we provide I take a moment to reflect on the extraordinary dedication and compassion displayed by our nursing team the **cornerstone of our success**.

I look forward to witnessing the positive impact!!

Ms. Visali

Nursing Manager-Corporate

THE EDITOR'S DESK

Dear Readers,

Welcome to the first edition of our nursing newsletter, where we explore the heartbeat of our profession and celebrate the dedication that defines us as **Nightingales** - the caregivers.

In this issue, we spotlight the unwavering commitment of nurses on the front lines. From poignant patient stories to triumphs over adversity, these narratives illuminate the compassionate spirit that sets our community apart.

Our featured articles delve into emerging trends in nursing practice, offering insights into the evolving landscape of healthcare. From technological advancements to holistic patient care approaches, we aim to equip you with knowledge that empowers and enriches the nursing journey. From continuing education opportunities to self-care strategies, we are committed to supporting you in both your personal and professional development.

In the spirit of collaboration, we encourage you to share your experiences, challenges, and success stories. Your voices amplify the collective strength of our nursing community, fostering a sense of camaraderie that transcends boundaries.

Thank you for your tireless dedication to the noble profession of nursing. As we navigate the ever-changing landscape of healthcare, let this newsletter serve as a beacon of inspiration and a testament to the incredible impact we make each day.

Wishing you health, resilience, and fulfillment in your invaluable role.

Ms. Precilla Mercy

Nurse Educator - RCHI

EDITORIAL BOARD



Dr. Usha Prabhakar
Group Nursing Director-
Rainbow



Ms. Visali
Nursing Manager -
Corporate



Ms. Precilla Mercy
Nursing Educator -
RCHI

Regional coordinators

Hyderabad



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(NM -Gunidy)

Bangalore



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(NE Marathalli)

Chennai



Ms. Rasiga
(NE- Guindy)

Delhi



Ms. Mahima
(NE- Delhi)

THE LEAD LUMINARIES – NURSING MANAGERS

THE RAINBOWITES

North Region- Delhi (2units)

- 1. Malviya Nagar**
- 2. Panchsheel Park**

South Region- Bangalore(3units)

- 1. Marathahalli**
- 2. Bannerghatta Road**
- 3. Hebbal**

-Hyderabad(8units)

- 1. Banjarahills, Road No-2**
- 2. Hydernagar**
- 3. LB Nagar**
- 4. Secunderabad**
- 5. Kondapur**
- 6. Banjarahills, Road No-10**
- 7. Financial District**
- 8. Himayat Nagar**

-Chennai(2units)

- 1. Guindy**
- 2. Sholinganallur**

-Andhra Pradesh(2units)

- 1. Currency Nagar, Vijayawada**
- 2. Health City, Visakhapatnam**

LAUNCH OF NEW BRANCH

HYDERABAD CITY

The heart of our communities health just got stronger!!!!

We are thrilled to announce the launch of **Our 8th Hospital in Hyderabad**, dedicated to advancing healthcare services and enhancing patient care. Explore a new era of healthcare excellence as we unveil our latest hospital mother and child unit equipped to provide cutting-edge medical treatment and compassionate care.



CORPORATE INITIATIVES

RAINBOW NURSING INDUCTION PROGRAM - RNIP

The initiation of the **RNIP (Rainbow Nursing Induction Program)** - Structured Induction Training aims to instill comprehensive nursing education, prioritizing hands-on skills and offering diverse learning opportunities for new nurses joining our organization.

R - Rainbow
N - Nursing
I - Induction
P - Program

15 DAYS OF RNIP

EMPLOYEE ON BOARD

2 DAYS HR TRAINING ON POLICIES & SOFT SKILLS

5 DAYS STRUCTURED CLASS ROOM TRAINING

6 DAYS CLINICAL ON JOB TRAINING WITH MENTORSHIP

2 DAYS CAP - COMPETENCY ASSESSMENT PROGRAM OSCE TOOL

RNIP resource persons include Nursing Managers, Educators, Infection Control Nurse, Doctors, Physiotherapists, Biomedical Engineer, Lactation consultants, Clinical Pharmacists, and Quality team. All of them collectively equip nurses with the knowledge necessary for **competence in adhering to Rainbow policies** and performing their job responsibilities confidently while maintaining patient safety.



The recently launched branch-Himayathnagar, has already experienced the positive impact of these initiatives on nursing education, skills development, and the overall quality of patient care.

Glimpses of RNIP

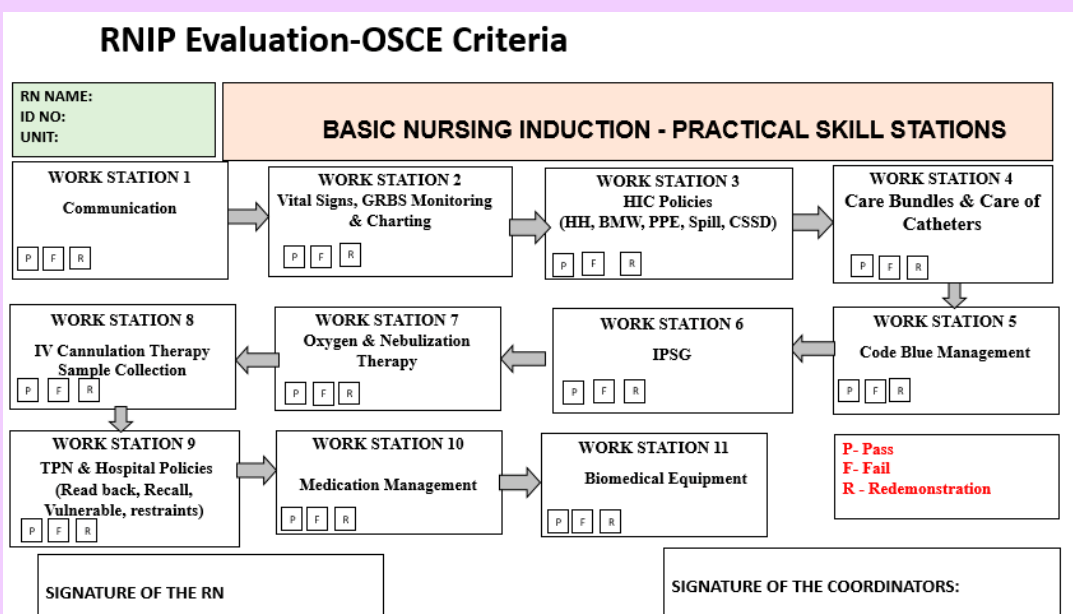


Nurses document their certified skills in department-specific log books (NICU, LDR, PICU) during the RNIP training, providing a foundation for career development and dynamic deployment across departments throughout their tenure. Each department specifies a set of competency skills crucial for delivering patient care, used to evaluate during staff performance appraisals.



Evaluation of RNIP

After the completion of 15 days of RNIP, both classroom & clinical hands on training, the nurses undergo structured CAP-Competency Assessment Program by using OSCE tool – Objective Structured Clinical Evaluation by creating workstations.



OSCE Evaluation Checklist

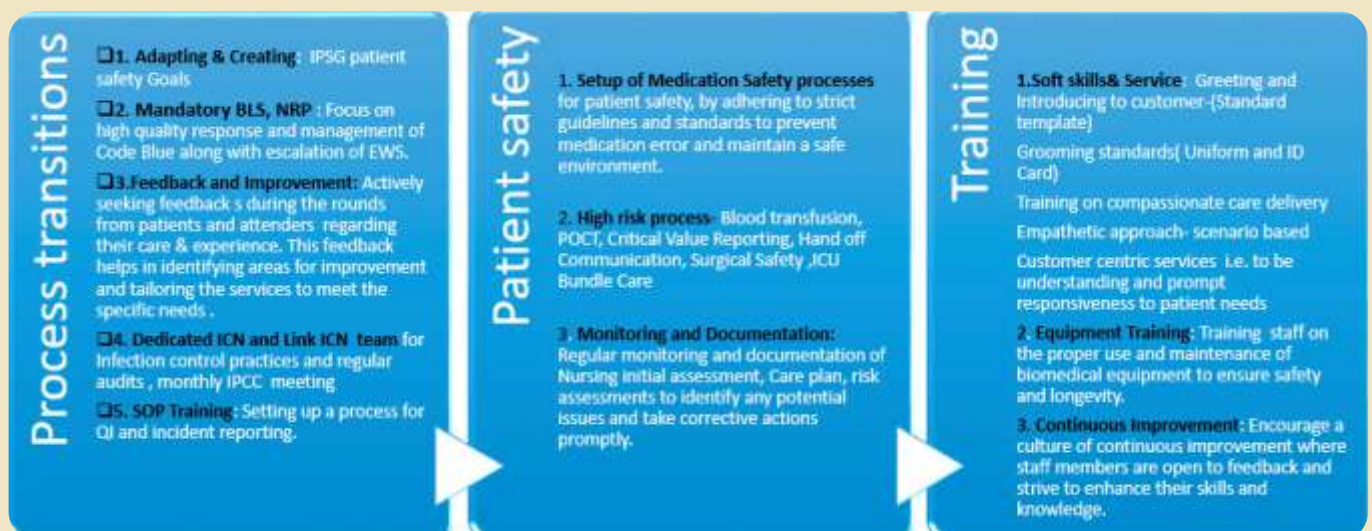
RNIP -		SKILL STATION - NURSING PROCEDURES									
Score for critical element is mandatory. Critical elements are identified by an asterisk* Total Score "20" points, Mention "0" if the task is not done or incorrectly done and calculate the score. One Reassessment to be done if the score is zero. Pass Score: 16/20 (MENTION THE PROCEDURE ALLOTMENT IN THE COMMENTS)											
DATE:											
CRITERIA NAME OF THE STAFF(ID No.)		COMMENT		COMMENT		COMMENT		COMMENT		COMMENT	
Hand Hygiene *											
Greet the patient & Self Introduction *											
Verifies order/prescription if required *											
NURSING PROCEDURE DEMONSTRATION											
Explain the procedure to the patient *											
Ensures privacy *											
Follow Aseptic techniques *											
Gathers appropriate equipment /articles*											
Demonstration of Procedure *											
Knows rationale for the steps performed.											
Post procedure assessment and care of patients*											
BMW Management											
Replacement of Equipment											
Hand Hygiene *											
TOTAL SCORE:											
PASS / FAIL											
NAME & SIGNATURE OF THE EVALUATOR:											

Cross-training during the onboarding period allows nurses to expand their clinical skills, setting the stage for ongoing career development. This approach facilitates skill enhancement and opens up diverse career opportunities.

Transitions in Nursing

To facilitate transitions in nursing RNIP was implemented as a support strategy to ease the transition from student to RN-Registered Nurse and are designed to increase the confidence, competence, improve their professional adjustment and increase their retention.

The transitions in nursing involve embracing new roles, staying abreast of evolving healthcare practices, and fostering resilience to effectively meet the dynamic challenges within the healthcare landscapes.



INTERNATIONAL INFECTION PREVENTION WEEK

15th - 20th October 2023

IIPW- International Infection Prevention, a standard structured program was initiated and rolled out at a group level to shine a light on infection prevention in saving lives in healthcare through evidenced based protocols, best of industry guidelines, awareness program for healthcare professionals, administrators and customers.

This year 2023 **“THEME: Celebrating the Fundamentals of Infection Prevention”** which highlights getting back to the basics of infection prevention for everybody.

Aim to protect patients everywhere, break the chain of infection further to prevent healthcare associated infections. This week truly provided an opportunity to raise awareness, fostering a culture of accountability and dedication to maintaining high standards

Across the Rainbow Hospitals several awareness programs and activities were conducted along with Doctors and Infection control officer, Quality team, ICN & Other healthcare workers. Every year, infections from hospitals can lead to many health problems adding to increase mortality & morbidity. **According to the WHO, no healthcare facility is immune to hospital-acquired infections (HAIs). According to a WHO report, 70% of infections can be prevented by proper Hand Hygiene and other cost-effective practices.**

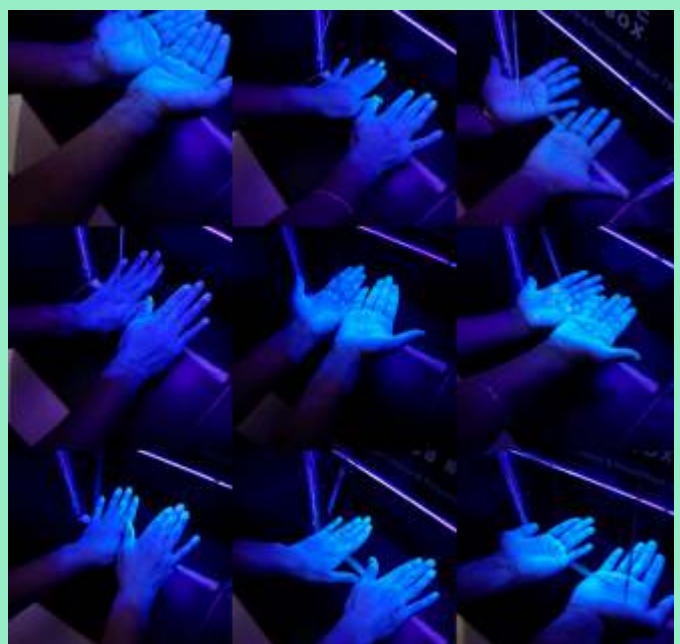
















SAFE MEDICATION MANAGEMENT NOVEMBER 2023

The Group Nursing Director actively aligns with the 2023 WHO's “Medication Without Harm initiative”, striving to enhance global safe medication practices. Given that unsafe medication practices are a prominent cause of harm in healthcare, the third **Global Patient Safety Challenge** focuses on mitigating these risks.

To meet this challenge head-on, **standardized nursing modules, which are rooted in JCI and NABH policies** based on MOM chapters, are disseminated across the Rainbow nursing staff. This comprehensive approach ensures that nurses are actively involved in the training process, reinforcing their crucial role in fostering adherence to safe management of medication practices.

Active engagement of nurses in the campaign of “Medication Without Harm” has equipped with structured Three modules with substantial knowledge, empowering them to prevent medication errors and elevate patient safety standards. Their enthusiastic participation not only demonstrates a commitment to the initiative but also underscores the pivotal role nurses play in ensuring the successful implementation of safe medication practices.

As a result, the healthcare ecosystem benefits from a skilled and **vigilant nursing staff** capable of averting potential risks, thus contributing significantly to the overarching goal of the WHO's **Global Patient Safety Challenge**.



Module - 1

Principles of Medication Management
Safe Injection Practices
10 rights of Drug Administration, Aseptic technique of Drug Preparation
Routes of Drug Administration (Oral, IM, ID, S/C, IV, Rectal, Vaginal)
Self-Medication and Medication brought from outside Policy
Verbal Order Policy
Vaccine & medication storage

Module - 2

High Concentrated Electrolytes, High Alert Medications
Look Alike Sound Alike (LASA)
Crash Cart Medication Management & Policy
Scenario based Training : Ex- Insulin management (Hypoglycaemia)
Type of IV Fluids –Colloids/ Crystalloids
Fluid Calculation
IV Drug administration – Bolus/ Continuous/ Intermittent

Module - 3

Narcotic Policy
ADR/ Recall Policy, Incident Reporting
Near Expiry drugs, Labeling
Prescription, Indent & Dispensing
Cut strip medication, Fridge Medication, Restricted Antibiotic
Patient monitoring after drug administration

Medication Management Education has proven to be highly beneficial for nurses, clinical pharmacist, offering a multifaceted impact on their professional competence and the quality of patient care. Through this education, nurses gained a deep understanding of **safe medication practices**, enabling them to minimize the occurrence of errors and mitigate potential harm to patients. **The comprehensive training** aligns with nurses' commitment to **patient safety advocacy, fostering a culture of vigilant and responsible medication administration.**

Moreover, by adhering to **standardized nursing modules** and policies, nurses enhance their knowledge base, ensuring compliance with evolving healthcare standards. This education not only contributed to legal and ethical responsibilities but also facilitated **interdisciplinary collaboration**, as nurses effectively communicate with healthcare teams to optimize medication regimens.

Ultimately, the acquired skills and knowledge **empowered nurses** to build trust with patients, improve patient outcomes, and contribute significantly to the overarching goal of providing high-quality, safe, and patient-centered care.

Glimpses









FEATURED ARTICLES

HEALING HORIZONS

AIRLIFT

We are excited to share groundbreaking news that will redefine the landscape of patient care within our esteemed institution. Introducing our latest initiative - **Airlift for Hospital Care - a cutting-edge service** designed to enhance the efficiency and effectiveness of healthcare delivery. In our commitment to providing the highest standard of care, this collaboration enables us to seamlessly transport patients to and from our hospital with unparalleled speed and precision.

Whether responding to emergencies, ensuring timely transfers for specialized treatments, or facilitating critical organ transport, our Airlift for Hospital Care service is poised to revolutionize the way we approach healthcare logistics.

This innovative approach aligns with our mission to prioritize patient well-being and accessibility to advanced medical services. A dedicated team of skilled professionals, including medical personnel and aviation experts, ensures the safe and secure transfer of patients, maintaining our unwavering commitment to their health and comfort.

AIR LIFT- Banjara Hills to Oman, Hyderabad – September 2023

Rainbow Hospital's commitment to excellence extends globally, exemplified by our exemplary international services catering to patients from around the world. From a perfected coordination of medical travel logistics to personalized and culturally sensitive healthcare, our international patient services ensure a smooth and comfortable experience.

At Rainbow, we **transcend geographical boundaries**, providing world-class medical expertise with a touch of warmth and understanding, making every international patient feel at home while receiving top-notch healthcare services. In addition to our world-class medical expertise, Rainbow Hospital's international services place a special emphasis on unparalleled nursing care.

Our **dedicated nursing team** goes above and beyond to provide compassionate and personalized attention to international patients, ensuring their comfort and well-being throughout their healthcare journey. With a **commitment to excellence**, our nursing staff not only delivers top-notch medical care but also extends a supportive and nurturing environment, making **Rainbow a trusted destination for international patients** seeking both exceptional medical treatment and outstanding nursing care.

In a remarkable feat of medical logistics, an exemplary airlift journey unfolded from the world-class facility at Banjara, Rainbow's flagship hospital in Hyderabad, to Oman. Following top-notch treatment, the patient experienced seamless transition and care coordination during the airlift, showcasing the hospital's commitment to extending excellence beyond borders.

This successful operation exemplifies Rainbow's dedication to providing unparalleled healthcare, turning the flagship hospital into a beacon of global medical expertise.



AIR LIFT - Goa to Banjara Hills, Hyderabad - 2023

Airlifting done in the month of July 2023

Date: 2/7/2023

Name: Master Narayan Navantha

Place: Goa to Hyderabad

Staff nurse: Br.Gopi

Doctor name: Dr. Kapil Bhagwatrao

During the precision executed airlift executed airlift Nurse Br.Gopi, Dr. Kapil Bhagwatrao and the health care team at the flagship hospital demonstrated exceptional prowess during the airlift and pinnacle of their expertise, with a special mention for their outstanding nursing care.

From meticulous planning to execution, every member played a crucial role in ensuring the safe and swift transport of the patient. The synchronized efforts of doctors, nurses, and support staff reflected the hallmark of Rainbow Children's Hospital dedication towards excellence.

Amidst the cutting-edge facilities and collaborative efforts, the exceptional nursing care played a pivotal role, resulting in triumphant discharge at the flagship hospital, a testament to the excellence upheld by the entire health care team



AIR LIFT - Nagpur to Mumbai by Vikrampuri team escort, Hyderabad - 2023

In a moment of medical precision and collaboration, we successfully executed an airlift operation across various branches, ensuring timely critical care needed for a patient. Responding to the urgency of a medical situation our hospital orchestrated a seamless airlift operation, showcasing our dedication to delivering exceptional healthcare even in the most challenging circumstances. It's truly a testament to Rainbow's preparedness and capability, to conduct a life-saving airlift operation, reinforcing our commitment to providing top-notch medical care for our community.

In a swift and well-coordinated airlift, a dedicated hospital nurse played a crucial role, ensuring that the patient was promptly tested and with a positive outcome, joyfully discharged. In a harmonious display of healthcare teamwork, professionals collaborated seamlessly during the airlift. In this airlifting operation, Nurse Neha Dhanuk and Dr. Sidharth demonstrated exceptional teamwork. Neha's diligent care and Dr. Siddhartha's pivotal role were instrumental in ensuring the patient's joyful discharge. The collective efforts of doctors, nurses and support staff ensured a swift plan of treatment culminating in the patient's contented discharge, showcasing the effectiveness of the healthcare team's coordination and dedication. It's a testament to the power of resilience and the impact of our dedicated healthcare team.

Recently, we facilitated the Paediatric Critical Care Air Retrieval of a seriously ill child with Severe Traumatic Brain Injury for an emergency surgery. Kudos to our amazing team for the successful air retrieval. Here's the heartwarming story of how we made a difference in the life of a four-year-old girl from Wardha, Maharashtra to Rainbow, Vikrampuri branch. The little girl was unfortunately involved in a road traffic accident, resulting in a severe traumatic brain injury with bleeding inside her brain. She was initially admitted to a hospital in Wardha, where she urgently needed a life-saving neurosurgery. Her parents, who were residents of Mumbai, wanted to have the surgery done at a hospital in Mumbai near their residence. However, they felt that transferring her from Wardha to Mumbai was impossible. It was during this challenging time Rainbow Children's Hospital, Secunderabad, known for its expertise stepped in to save the critically ill child.



AIR LIFT - Raipur to Marathalli, Bangalore – July - 2023

Nurse Veeresh and Dr. Anupa orchestrated a meticulous airlift at Rainbow Children's Hospital, prioritizing the safety of the child throughout. Their coordinated efforts from the airlift to the hospital were marked by a seamless transition.

Once received, a prompt initiation of treatment under expert care led to a successful recovery, culminating in a happy discharge, exemplifying the exceptional standards of Rainbow hospital



Date: **2/7/2023**

Patient details: **Siddiksha Behra**

Place: **Ekta child care, Raipur**

Staff nurse: **Veeresh**

Started from Raipur @3.30am and reached Bangalore by 5.35pm

Doctor name: **Dr.Anupa**

Patient was diagnosed with Hemolytic uremic syndrome The patient required a hemo dialysis and plasma exchange hence admitted in rainbow childrens hospital. Baby condition improved and patient gone to Canada for further management. patient was hemodynamically stable during the discharge.

WELLNESS SPOTLIGHT

Case Summaries

Case No - 1

Embark on an inspiring voyage through the "Healing Horizons," where the captivating narratives of our patients unfold, weaving tales of resilience and rejuvenation. The Rainbow Children's Hospital, facility is not merely a medical haven but a canvas where each patient's story is painted with the vibrant hues of recovery. Step into a realm where healing transcends conventional boundaries, and the compassionate touch of our healthcare professionals transforms challenges into triumphs, making Rainbow a sanctuary of holistic well-being.

Witness the transformative stories of our patients as they navigate their journey from recovery to vibrant well-being in our "Healing Horizons" feature.



B/O KASI KUMARI TWIN -1

Very preterm (28+1) Baby girl

/DCDA/TWIN-1/IUGR

690gms/RDS On Mechanical Ventilator on HFO

On Ventilator - 11 Days,

NIV - 4Days

C-PAP – 15 Days

HFNC - 13 Days

LFNC - 3Days.

Date of admission: 17/10/23

/28 WEEKS/690grms

Date of discharge: 19/10/23

/ 37WEEKS+5 DAYS / 1420

Case No - 2

The healthcare team at Rainbow Hospital exhibited exemplary care for a premature patient, demonstrating a seamless blend of nursing and doctor expertise. Their dedicated services were evident in the meticulous attention given to the premature infant, ensuring effective treatment and a well-managed discharge. Rainbow Hospital's patient-oriented approach shone through, emphasizing their commitment to personalized and compassionate healthcare, making the well-being of each patient a top priority. The collaborative efforts of the nursing and doctor teams underscored Rainbow's dedication to providing exceptional and patient-centric care.

In delivering superlative care to a newborn from older parents in a precious pregnancy, Rainbow Hospital's healthcare team showcased unwavering dedication. The seamless collaboration between nursing and doctor care played a pivotal role in ensuring the effective treatment and subsequent discharge. The personalized attention given to this unique case exemplifies Rainbow's commitment to being patient-oriented, where every aspect of care is tailored to meet the individual needs of each patient and their family, making the entire healthcare experience at Rainbow both exceptional and compassionate.



B/O NAVYA /FEMALE

Diagnosis - **Extra preterm (25+1) 654 gms RDS on Mechanical ventilator.**

D.O.A - **16.7.23**

/25 +1 WEEK /654 gms

D.O.D - **19.11.23**

/43 WEEKS /1760 gms

On Mechanical ventilator -
16 days

NIV - 9 DAYS

C-PAP – 30 DAYS

Case No - 3

At Rainbow Children's Hospital, Nehanya's recovery from severe septic shock was a collaborative effort between the dedicated medical team. The doctors promptly initiated a targeted treatment plan, administering appropriate antibiotics to combat the infection. The nursing team closely monitored vital signs, ensuring a stable environment for Nehanya's healing.

Constant communication and coordination among healthcare professionals allowed for swift adjustments in the treatment strategy. Nurses provided attentive care, addressing immediate needs and offering emotional support to both Nehanya and their family. This collaborative approach, combining medical expertise and compassionate nursing, facilitated a holistic recovery.

Through continuous monitoring, timely interventions, and a supportive atmosphere, Nehanya progressed positively. The cohesive efforts of the medical and nursing teams at Rainbow Child ensured that Nehanya's health improved, ultimately leading to their successful recovery and discharge.



B/O NAVYA /FEMALE

Diagnosis - **Extra preterm (25+1) 654 gms
RDS on Mechanical ventilator.**

D.O.A - **16.7.23 /25 +1 WEEK /654 gms**

D.O.D - **19.11.23/43 WEEKS /1760 gms**

On Mechanical ventilator - **16 days**

NIV - **9 DAYS**

C-PAP - **30 DAYS**

Case No - 4

In the face of a critical condition due to sickle cell anemia with vaso-occlusive crisis, Patient Rajyasree received exceptional care at Rainbow Hospital. The team of expert doctors implemented a precise treatment plan, addressing the complexities of the crisis. Simultaneously, the outstanding nursing care played a pivotal role in monitoring Rajyasree's condition, providing immediate interventions, and ensuring comfort.

The seamless collaboration between doctors and nurses showcased the hospital's commitment to patient well-being. Despite the severity of the situation, Rainbow's healthcare team demonstrated unparalleled expertise, turning criticality into an opportunity for rapid recovery. The dedication and coordination among the medical and nursing professionals transformed challenges into triumphs, showcasing Rainbow's unwavering commitment to exceptional healthcare.



B/O NAVYA /FEMALE

Diagnosis - **Extra preterm (25+1) 654 gms
RDS on Mechanical ventilator.**

D.O.A - **16.7.23 /25 +1 WEEK /654 gms**

D.O.D - **19.11.23/43 WEEKS /1760 gms**

On Mechanical ventilator - **16 days**

NIV - **9 DAYS**

C-PAP - **30 DAYS**

Case No - 5

In Hindhya Sree's journey to recovery from severe pneumonia at Rainbow Children's Hospital, the collaborative efforts of the doctors and nurses played a crucial role. The medical team swiftly diagnosed the severity of the pneumonia, initiating a targeted treatment plan that included appropriate antibiotics and respiratory support.

The nursing team provided round-the-clock care, closely monitoring Hindhya Sree's vital signs and administering medications as prescribed by the doctors. Their attentive approach ensured timely adjustments to the treatment plan and immediate responses to any emerging challenges.

Effective communication between the doctors and nurses facilitated a comprehensive understanding of Hindhya Sree's progress, enabling a tailored and responsive healthcare strategy. The nurturing environment created by the nursing team not only addressed the physical aspects of recovery but also provided emotional support to Hindhya Sree and her family.

Through the combined efforts of the medical and nursing professionals at Rainbow Children's Hospital, Hindhya Sree successfully overcame severe pneumonia. The dedication, expertise, and coordinated care provided a pathway to healing, ultimately leading to Hindhya Sree's discharge with restored health.



B/O NAVYA /FEMALE

Diagnosis - **Extra preterm (25+1) 654 gms
RDS on Mechanical ventilator.**

D.O.A - **16.7.23 /25 +1 WEEK /654 gms**

D.O.D - **19.11.23/43 WEEKS /1760 gms**

On Mechanical ventilator - **16 days**

NIV - **9 DAYS**

C-PAP - **30 DAYS**

Case No - 6

The pivotal role played by NICU nurses was instrumental in the treatment process of this patient.

- Noteworthy dedication was demonstrated by the nurses who diligently took handovers during the patient's extended 100-day stay in the hospital. Special acknowledgment goes to Shilpa, Anusree, Sowmya, Lavanya, Menaka, B. Bharathi, Deevana, R. Bharathi, Sunitha, Mousmi, Athira, Abin, Srinivas, and Saroj for their unwavering commitment.
- Srilaxmi, Sameena, and Venkatalaxmi made significant contributions as Phlebotomy Nurses.
- The encouragement and support provided by Suleka and Shivaleela were pivotal in motivating parents to embrace Kangaroo Mother Care (KMC) for 6-8 hours daily and prioritize breastfeeding.

Twin - 1	
Anthropometric measurements at admission	Anthropometric measurements at Discharge
Admission weight: 670 gms Head circumference: 25 cms Length: 38 cms	Admission weight: 760 gms Head circumference: 25.5 cms Length: 36.5 cms
Twin - 2	
Anthropometric measurements at admission	Anthropometric measurements at Discharge
Admission weight: 670 gms Head circumference: 25 cms Length: 38 cms	Admission weight: 1.47 kgs Head circumference: 29 cms Length: 42 cms

B/o.Janaki-Twin -1
UHID: BAH-00553903

- **Diagnosis:** Preterm (26weeks)/670gms/ Baby Girl/ Twin 1 RDS/HRD-Ventilator/2 doses of Surfactant/ Oscillated Refractory Hypotension - Multiple isotopes Chronic Lung Disease Post transfusion associated NEC Culture Negative Sepsis/ Pancytopenia/DIC Dysglycemia CMV Sepsis, Anemia of prematurity Anemia of prematurity Hypotremia of prematurity Osteopenia of Prematurity Hypocalcemia Coagulopathy.
- **Bilateral grade 1 IVH - Resolved - Unconjugated Hyperbilirubinemia, Preterm Care**
- **Chronological Age: 143 Days**
- **PMA : 48+3 weeks**

B/o.Janaki-Twin -2
UHID : BAH-00553904

- **Diagnosis:** Extreme preterm (25 weeks)/ 760grams/ Baby Boy/ Twin 1 RDS/HRD - Ventilator/ Surfactant 3 doses Chronic Lung Disease Right Pleural effusion UNIC - Extravasation Post Transfusion Neonrotog Enterocolitis (TRANEC) S/P Exploratory laparotomy + Resectomy Hypotension-Multiple isotopes Ventilator associated Pneumonia-MRSA Recurrent collapse Right Lung Culture Negative Sepsis/Thrombocytopenia/ Coagulopathy Pancytopenia-Secondary HHJ Fetal CMV Left side grade II IVH Osteopenia of Prematurity Anemia of prematurity Dyselectrolytemia APNDP - Laser therapy (Twice) Unconjugated Hyperbilirubinemia
- **Chronological Age: 113 Days**
- **PMA : 45+2 weeks**



Baby X 2.5 yrs with severe respiratory infection admitted in the month of September 30th to till date on HFO, baby was handled by entire PICU nursing team and did not develop any HAI and Pressure injury during hospitalization.

Baby of Twin 1 & Twin 2 born in the month July 2023 and got discharged in the month of September. The entire nursing team of NICU were involved in taking care of this baby and discharged in a healthy condition

Birth weight Twin 1 - 780 gms and Twin 2 - 760 Gram
Discharge weight : Twin 1 - 1650 gm and Twin 2 - 1870 Gram



This is a heart-warming stories of patients who have embraced positive change and witnessed improvements in their health. Behind every success story are compassionate healthcare professionals who go far and beyond. These are truly tales of resilience, medical breakthroughs and profound impact of collaborative efforts in critical care, these unveil the miracles that unfold within the walls of our healthcare institutions

It's a delight the recovery journey, where the pages come alive with inspiring tales of patient triumph towards health.

CELEBRATIONS – HEALTH AWARENESS DAYS

In hospital, various national and international days are commemorated to raise awareness and honor important healthcare themes, these observances provide opportunities for healthcare professionals to highlight issues and reflect. These celebrations serve to unite healthcare communities, promote public engagement and underscore the ongoing commitment to improving health care outcomes.

National Nutrition Week (September 1-7)

Poshan Maah, also known as National Nutrition Month, is an annual nutrition - focused observance in India. It is a month-long campaign dedicated to raising awareness about the importance of proper nutrition, especially among women, children, and adolescents

THEME - Holistic Nutrition for all is the foundation for “Nutrition-Rich India Educated India, Empowered India”

Nutrition week is crucial in hospitals as it emphasizes the significance of proper nutrition in patient care. Celebrating the week allows healthcare team to educate the patients about the role of nutrition for the healthcare team as well as nurses. By integrating nutrition education into hospital environment, healthcare facilities can play a pivotal role in preventing malnutrition, optimizing recovery and ultimately improving the overall health outcomes of the patients. Being healthcare team there is a need for significant focus on individual health also, to promote sustained positive habits among patients and the broader community.



Patient Safety Day (September 17)

World Patient Safety Day 2023 will be observed on 17 September under the theme "**Engaging patients for patient safety**", in recognition of the crucial role patients, families and caregivers play in the safety of health care.

Evidence shows that when patients are treated as partners in their care, significant gains are made in safety, patient satisfaction and health outcomes. By becoming active members of the health care team, patients can contribute to the safety of their care and that of the health care system as a whole. Through the slogan "**Elevate the voice of patients!**", WHO calls on all stakeholders to take necessary action to ensure that patients are involved in policy formulation, are represented in governance structures, are engaged in co-designing safety strategies, and are active partners in their own care.



World Heart Day (September 29)

Celebrating world heart day in hospital is a crucial spotlight to raise awareness about cardiovascular health which is a global leading concern. This observance provides platform for healthcare to educate the public on preventive measures, early detection and lifestyle choices that contribute to heart health.

World Heart Day 2023 theme 'Use Heart, Know Heart' and offers countries a roadmap to scale up their current situations and align their actions within the broader prevention and control efforts.



On World Heart Day, we orchestrated a poignant gathering uniting parents and the brave young survivors of heart disease. It became a deeply moving celebration, as we collectively embraced and honored their inspiring healing narratives. The involvement of our dedicated nurses added an extra layer of warmth and care to the event.

Their compassionate support, from organizing the gathering to offering guidance and comfort, underscored the integral role nurses play in not just medical care but also in fostering a sense of community and shared resilience. The event stood as a **testament to the holistic care** provided by our healthcare team, where nurses contributed significantly to making the celebration a touching and memorable experience for all involved.

World mental health Day (October 10th)

Mental Health Awareness Week is vital in increasing public understanding of mental health and how mental health problems can be prevented. After years of being ignored, hidden away, and not being spoken about, Mental Health Awareness Week makes sure that mental health remains at the centre of the public conversation.

World Mental Health Day 2023 is an opportunity for people and communities to unite behind the theme '**Mental health is a universal human right**' to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right. Nurses play a significant role in supporting patient's mental well-being, understanding mental health allows nurses to recognize signs of distress, provide empathetic care and contribute to holistic patient recovery.



Recognizing the challenges of stress among our nursing team, our Group Nursing Director has taken a proactive stance. An initiative has been launched to specifically address and prioritize the mental health and well-being of our dedicated nurses Dr.Usha Prabhakaran, Our Group Nursing Director conducted an insightful session on mental health in commemoration of World Mental Health Day. The session was incredibly engaging, addressing the critical aspects of mental wellbeing with clarity and expertise.

Her ability to connect with the audience and articulate complex concepts in a relatable manner stood out. By shedding light on mental health issues and fostering understanding, the session was peppered with some thought-provoking moments. It was an awesome session of empowerment on specific aspects of mental health, coping strategies and how to meet the self-emotional needs and about preventing burnout.

World Prematurity Day

World Prematurity Day is a crucial platform to raise awareness about preterm birth challenges and their consequences, promote early detection during pregnancy, advance medical treatments, empower parents, and reduce long-term impacts on children and their families.

The approach also includes developing guidelines for the care of newborns, particularly those born prematurely or with low birth weight, training health and community workers, and equipping families and communities with necessary information about newborn and premature baby care and nutrition.

“At the extra mile foundation, every tiny heart beat matter”





Neonatal Resuscitation Program

The NRP is crucial for nurses as it equips them with essential skills to respond effectively to emergencies involving newborn. This training covers techniques such as airway management and chest compressions, ensuring nurses are well prepared to handle neonatal resuscitation situations. It emphasizes on systematic approach to neonatal care.

This program addresses various scenarios ,including premature birth complications and meconium aspiration, ensuring that nurses are well versed in a range of potential challenges they may encounter in NICU or in delivery room.

Continuous training and reinforcement of NRP principles contribute to improved neonatal outcomes and overall patient safety .



Basic Neonatal Resuscitation Program
Hosted and Organized by the TS Neocon 2023 as a member of Ganapathi Neonatology Forum
Date: 18th October (Saturday), 2023
Time: 8:00 am to 02:00 pm
Venue: Rainbow Children's Hospital, LB Nagar, Hyderabad

Time	Topic
8:00 - 8:30 am	Registration and Registration
8:30 - 10:00 am	Preparation of Birth
10:00 - 11:00 am	Respiratory care and airway management
11:00 - 11:30 am	Heart circulation and pulmonary circulation
11:30 - 12:00 pm	Shock
12:00 - 12:30 pm	Shock
12:30 - 01:00 pm	Performance evaluation
01:00 - 02:00 pm	Feedback and Certificate distribution





NRP - ABC Station Glimpse



Basic Life Support

Training on basic life support increase nursing students' knowledge and provide that they implement evidence-based basic life support practices. Previous studies demonstrated that basic life support training significantly improved nursing students' knowledge, practice skills, attitudes, and self-efficacy.

Conducting an excellent Basic Life Support (BLS) training for school kids and traffic policemen involves tailoring the content to their specific needs and ensuring practical, hands-on learning. For school kids, focus on simplified explanations, interactive sessions, and age-appropriate demonstrations of CPR and basic first aid. Use relatable scenarios to help them grasp the importance of quick responses in emergencies.

BLS training for nursing students ta Vijaya Marie College of Nursing led by Dr. Rajesh Dr. Rajesh spearheaded a comprehensive Basic Life Support (BLS) training session for nursing students. His expertise and guidance ensured that students gained essential life-saving skills, including CPR techniques, AED usage, and emergency response protocols. The training aimed to equip future nurses with the knowledge and confidence to handle critical situations, emphasizing the importance of quick and effective interventions in healthcare settings.





BLS TRAINING FOR SCHOOL CHILDREN

School Name: Cambridge

Participants: 600 nos

Class Group: 7 - 10th standard

Training Conducted by Dr Nikit and Nurse Sujith

Date: 21st September 2023



Traffic policemen, integrate real-life situations they might encounter on duty. Emphasize the significance of rapid intervention in cardiac emergencies or accidents, and provide practical training on CPR, AED usage, and basic wound care. Additionally, stress the importance of effective communication and coordination when responding to emergencies.

Overall, a successful BLS training program for these groups should be engaging, practical, and tailored to their specific roles and responsibilities, empowering them to confidently respond to life-threatening.



Pediatric BLS Training for Traffic Police

Date: 20th November 2023

Training: BLS Training for Traffic Police

Participants 80 Nos

Training Conducted by R. Rahul and Sister Suja

Place Bannergatta Road



Nurses are expected to provide effective emergency aid services. Nurses may encounter various emergency cases such as sudden cardiac arrest within the units they work in and in settings outside the hospital. In these emergency scenarios, nurses have to be the first to practice basic life support. Nurses successfully applying first aid and basic life support steps in acute conditions may positively affect morbidity and mortality rates related to cardiac arrest. Nurses possessing excellent knowledge and skills about basic life support practice would significantly influence the outcome of advanced life support practices



Lactation Management

Lactation management training for nurses holds significant importance due to several key reasons:

Promoting Breastfeeding: Nurses with lactation management training play a vital role in promoting and supporting breastfeeding. They can provide valuable guidance to new mothers, ensuring they understand the benefits of breastfeeding and assisting with any challenges that may arise.

Enhancing Patient-Centered Care: Lactation management training empowers nurses to offer patient-centered care tailored to the unique needs of breastfeeding mothers and infants. This personalized approach contributes to overall patient satisfaction and well-being.

Preventing and Addressing Breastfeeding Challenges: Trained nurses can identify and address common breastfeeding challenges, such as latching difficulties or milk supply concerns. This proactive management helps prevent complications and ensures a positive breastfeeding experience for both mother and baby.

Educating Mothers: Nurses with lactation management training can educate mothers about proper breastfeeding techniques, positioning, and addressing common concerns. This education empowers mothers to make informed decisions about their infant's nutrition and well-being.

Supporting Maternal Health: Breastfeeding has numerous health benefits for both mothers and infants. Nurses with lactation management training can actively contribute to the promotion of maternal health by encouraging and facilitating successful breastfeeding practices.

Reducing Health Disparities: Lactation management training enables nurses to address disparities in breastfeeding rates, offering support and guidance to all mothers, regardless of their background or circumstances. This contributes to more equitable healthcare outcomes.

Facilitating Early Bonding: Nurses trained in lactation management can assist mothers in establishing a strong bond with their infants through successful breastfeeding. This early bonding is crucial for the emotional and physical well-being of both mother and baby.

Comprehensive Postpartum Care: Including lactation management in nursing training ensures a more comprehensive approach to postpartum care. Nurses can address not only immediate breastfeeding concerns but also provide ongoing support as mother's transition into their roles.

In conclusion, lactation management training equips nurses with the skills and knowledge necessary to support breastfeeding mothers, contribute to positive health outcomes, and enhance the overall quality of postpartum care.



I.V Cannulation Training

I.V. cannulation training is indispensable for healthcare professionals as it ensures accurate and safe insertion, reducing patient discomfort, minimizing complications, and enhancing overall clinical competence, ultimately contributing to improved patient outcomes and efficient emergency response.

I.V. cannulation training is essential for healthcare professionals due to several reasons:
Patient Safety: Proper training ensures accurate and safe insertion of intravenous catheters, minimizing the risk of complications or injuries to patients.

Efficiency in Care: Training enhances the efficiency of healthcare delivery by enabling quick and precise intravenous access, especially in critical situations where timely administration of medications or fluids is crucial.

Reducing Discomfort: Proficient I.V. cannulation skills reduce the number of attempts needed, minimizing patient discomfort and anxiety during the procedure.

Minimizing Complications: Training helps healthcare providers understand and mitigate potential complications, such as infections or infiltration, associated with intravenous access.

Enhancing Professional Competence: Competency in I.V. cannulation is a fundamental skill for healthcare professionals, contributing to their overall clinical competence and ability to provide comprehensive patient care.

Emergency Response: In emergency situations, rapid and accurate I.V. access can be critical. Training ensures that healthcare providers can respond effectively in urgent scenarios.

Improving Patient Outcomes: Proper I.V. cannulation contributes to improved patient outcomes by facilitating timely administration of medications and fluids, which is crucial in various medical conditions.

Adherence to Standards: Training ensures that healthcare professionals adhere to established standards and protocols, promoting consistency and quality in intravenous procedures.

Cost-Effectiveness: Proficient I.V. cannulation reduces the likelihood of complications and the need for repeated attempts, contributing to cost-effective healthcare delivery.

Professional Development: Continuous training in I.V. cannulation allows healthcare professionals to stay updated on best practices, advancements, and innovations in intravenous access,

supporting their ongoing professional development.



School Health Nurse

To promote healthy behaviors among the children that they will inculcate for life. To detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to PHCs and hospitals. To promote use of safe drinking water in schools.

School nurses have a broad range of duties, from delivering of Health information, Promoting well being and healthy lifestyles through effective interventions and supporting children with illness.

Ms.Monisha from Rainbow Children's Hospital ,Shollinganallur branch had been appointed as school health nurse at Ramana Vidyala Matriculation School at Shollinganallur.

School Health Camps-Shollinganallur

Conducting school health camps is imperative as they enable early detection of health issues, promote health awareness, and ensure access to preventive healthcare, fostering a supportive environment for students to thrive both academically and personally.

The need for school health camps is paramount in fostering a comprehensive approach to student welfare, encompassing regular health check-ups, health education, and community involvement to create a foundation for a healthy and thriving student body.

Rainbow Hospital actively supports school health camps by providing comprehensive medical expertise, implementing preventive healthcare programs, conducting nutritional assessments and mental health initiatives, organizing educational workshops, engaging with the community, collaborating closely with educators, integrating technology for efficiency, and using data-driven approaches to ensure impactful and tailored interventions for the well-being of students.



Health camp checkups in schools are incredibly beneficial. These checkups include basic measurements like height, weight, and general assessment. These initiatives aim to detect health issues early and provide necessary guidance.

Nurses Knowledge Sharing Sessions

It is essential for nurses for the following reasons

Continuous Learning: Healthcare is a dynamic field with evolving practices. Regular knowledge sharing ensures that nurses stay updated on the latest medical advancements, technologies, and evidence-based practices, fostering a culture of continuous learning.
Skill Enhancement: Knowledge-sharing sessions provide opportunities for nurses to enhance their clinical skills and improve patient care. Discussions on best practices, case studies, and hands-on training contribute to skill development.

Improved Patient Outcomes: Keeping nurses informed about new medical findings and protocols positively impacts patient outcomes. Well-informed nurses can apply the latest knowledge in their practice, leading to better healthcare delivery.

Collaboration and Communication: Knowledge-sharing sessions facilitate communication and collaboration among healthcare professionals. Nurses can exchange insights, experiences, and expertise, promoting a cohesive and efficient healthcare team.

Adaptation to Change: In a rapidly evolving healthcare landscape, knowledge sharing helps nurses adapt to changes in protocols, technologies, and patient care approaches. This adaptability is crucial for providing high-quality and up-to-date healthcare.

Professional Development: Sharing experiences and knowledge contributes to the professional development of nurses. It helps them build confidence, critical thinking skills, and a broader perspective on healthcare challenges.

Team Building: Collaborative learning fosters a sense of unity among nursing teams. Knowledge sharing sessions encourage teamwork and a shared commitment to delivering the best possible care to patients.

Promoting Evidence-Based Practice: Knowledge sharing encourages nurses to base their practice on the latest evidence, promoting evidence-based healthcare, which is critical for ensuring patient safety and quality care.

Overall, knowledge-sharing sessions are instrumental in creating a culture of learning, collaboration, and excellence within the nursing profession, ultimately benefiting both healthcare providers and patients.





Self-Defence Session for Women Empowerment

Self-defense is essential for women empowerment as it equips women with the physical and mental tools to assert control over their personal safety. By fostering self-reliance and confidence, self-defense training helps women navigate the world with greater assurance, contributing to a sense of empowerment and autonomy

Self-defense training is crucial as it empowers individuals with the skills and confidence needed to protect themselves in various situations, fostering personal safety and resilience.

Equipping oneself with self-defense training not only enhances physical preparedness but also instills a heightened awareness, promoting a sense of security in navigating the complexities of daily life.”

Integrating self-defense sessions in healthcare is crucial as it empowers healthcare professionals to handle challenging situations, ensuring their safety and the safety of those they care for. These sessions provide practical skills to manage potential risks, contributing to a secure and confident healthcare environment.



పుట్టుకతో వచ్చే గుండె వ్యాధుల్ని సకాలంలో గుర్తించాలి

గుండె వైద్య నిపుణురాలు డాక్టర్ శ్వేత

సాక్షి, సిటీబ్యూరో: పుట్టుకతో వచ్చే గుండె వ్యాధులు, నిర్వాణాత్మక లోపాలను సకాలంలో గుర్తించడం ఆవసరమని రెయిన్ బో హార్ట్ జనిస్టి ట్యూట్ పీడియాట్రిక్ కార్డియాలజీ సీనియర్ కన్సల్టెంట్ డాక్టర్ శ్వేతా బ్రతు అన్నారు. శుక్రవారం బంజారాహిల్స్ లోని రెయిన్ బో చిల్డ్రన్ హార్ట్ ఇనిస్టిట్యూట్ (ఆర్ సీ హెచ్ బి)లో వరల్డ్ హార్ట్ డే సందర్భంగా పుట్టుకతో వచ్చే గుండె లోపాలపై విజయం సాధించిన లిటిల్ ఛాంపియన్స్ తో కలిసి ప్రత్యేక కార్యక్రమం నిర్వహించారు. గర్భంలో ఉండగానే గుండె జబ్బుకు చికిత్స చేయించుకున్న కొందరు చిన్నారులు తమ తల్లిదండ్రులతో కలిసి ఈ కార్యక్రమంలో పాల్గొన్నారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ, పిండ దశలోనే గుండె సమస్యలను గుర్తించడం ద్వారా శిశువు ప్రాణాలను కాపాడవచ్చన్నారు. పుట్టుకతో వచ్చే గుండె సమస్యలు కలిగిన శిశువుల తల్లిదండ్రులు ఆక కోల్పోవద్దని డాక్టర్ శ్వేత భరోసా కల్పించారు. లారెన్



గుండె సంబంధిత చికిత్సలు చేయించుకున్న చిన్నారులతో రెయిన్ బో వైద్యులు

ల్యాబ్స్ ఎగ్జిక్యూటివ్ డైరెక్టర్, సీఎఫ్ఓ. వి.వి రవికుమార్ మాట్లాడుతూ, చిన్నారుల గుండె వైద్య చికిత్సలో తాము భాగస్వాములం అయినందుకు సంతోషంగా ఉండన్నారు. ఈ ఏడాదికి గుండె సమస్యలతో బాధపడుతున్న 50 మందికి

ఆవసరమైన శస్త్ర చికిత్సల కోసం లారెన్ ల్యాబ్స్ ఆర్థికంగా చేయూతనందిస్తుందని చెప్పారు. కార్యక్రమంలో ఆర్ సీ హెచ్ బి చీఫ్ కార్డియోథొరాసిక్ సర్జన్ డాక్టర్ చిన్న స్వామి రెడ్డి, డాక్టర్ నాగేశ్వరరావు తదితరులు పాల్గొన్నారు.

చిట్టి హృదయాలకు గట్టి మద్దతు

- గర్భిణీ ద్వారా గుండె లోపాలకు చిట్టి
- రెయిన్ బో చిల్డ్రన్ హార్ట్ వైద్యులు ఫిడలీ • వేడుకగా వరల్డ్ హార్ట్ డే



చిట్టి హృదయాలకు గట్టి మద్దతు ఇవ్వడానికి రెయిన్ బో చిల్డ్రన్ హార్ట్ వైద్యులు ఫిడలీ వేడుకగా వరల్డ్ హార్ట్ డే సందర్భంగా ఆవసరమైన శస్త్ర చికిత్సలు చేయించుకున్న చిన్నారులతో కలిసి ప్రత్యేక కార్యక్రమం నిర్వహించారు. గుండె వ్యాధులకు గురికావడానికి గుండె లోపాలను గుర్తించడం ఆవసరమని డాక్టర్ శ్వేతా బ్రతు అన్నారు. శుక్రవారం బంజారాహిల్స్ లోని రెయిన్ బో చిల్డ్రన్ హార్ట్ ఇనిస్టిట్యూట్ (ఆర్ సీ హెచ్ బి)లో వరల్డ్ హార్ట్ డే సందర్భంగా పుట్టుకతో వచ్చే గుండె లోపాలపై విజయం సాధించిన లిటిల్ ఛాంపియన్స్ తో కలిసి ప్రత్యేక కార్యక్రమం నిర్వహించారు. గర్భంలో ఉండగానే గుండె జబ్బుకు చికిత్స చేయించుకున్న కొందరు చిన్నారులు తమ తల్లిదండ్రులతో కలిసి ఈ కార్యక్రమంలో పాల్గొన్నారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ, పిండ దశలోనే గుండె సమస్యలను గుర్తించడం ద్వారా శిశువు ప్రాణాలను కాపాడవచ్చన్నారు. పుట్టుకతో వచ్చే గుండె సమస్యలు కలిగిన శిశువుల తల్లిదండ్రులు ఆక కోల్పోవద్దని డాక్టర్ శ్వేత భరోసా కల్పించారు. లారెన్

అమృతమూర్తికి వందనం

పాలకు దానం చేసిన తల్లుల సత్కార కార్యక్రమాన్ని వారం స్థానిక హోటల్లో నిర్వహించారు రెయిన్ బో,



నెలలు నిండక ముందే పుట్టిన పిల్లలు, వారి తల్లిదండ్రులతో వైద్యులు డా. రాంభసాద్, డాక్టర్ వంశీ తదితరులు

బయట ఆస్పత్రుల్లో పుట్టిన 50 మంది నెలలు నిండని శిశువులు, తల్లిదండ్రులను ప్రత్యేకంగా అభినందించారు. సబ్ కలెక్టర్ మాట్లాడుతూ ప్రపంచంలో జన్మించే ప్రతి 10 మంది పిల్లల్లో ఒకరు నెలలు నిండకుండానే పుడుతున్నారని వివరించారు. అలాంటి వారిని ఆదుకోవడంలో పిల్లల ఆస్పత్రుల పాత్ర ఎంతో కీలకమని అన్నారు. నెలలు నిండని శిశువులకు తల్లిపాలను దానం చేసిన మహిళలు, వారి కుటుంబ సభ్యుల ధైర్యం స్ఫూర్తిదాయకమని డుబ్బాకపేసీ పోలీస్ హుబ్ నుండి సరికే అన్నారు. ఆస్పత్రి క్షీనకర్ డైరెక్టర్

డాక్టర్ రాంభసాద్ మాట్లాడుతూ చిన్నారులను కాపాడటానికి వైద్యులు, సిబ్బంది సహకరించిన తీరు అభినందనీయమన్నారు. విజయవాడలో తమ ఆస్పత్రి శాఖ స్థాపించినప్పటి నుంచి 1500 మంది కిక్సెగా నెలలు నిండకుండా జన్మించిన శిశువులను రక్షించామని సీనియర్ పీడియాట్రిషియన్ డి.ఎస్.పి. రాజు, డాక్టర్ వంశీ శివరామరాజు తెలిపారు. నెలలు నిండకుండా జన్మించిన శిశువులు సాధించిన ఫులో గతి, మైలురాళ్లను దూసి తాము ఎంతో గర్విస్తున్నామని ఆస్పత్రి సీనియర్ డిప్యూటీ డైరెక్టర్ డాక్టర్ ఉమా మిక్కిలినీని అన్నారు. ఆస్పత్రి ఎమ్ కృష్ణర్ బాబ్బయ్య రావి శ్రీనివాస్, యూనిట్ ఇన్ ఛార్జి గుణశేఖర్ పర్యవేక్షించారు.

చిరంజీవులు.. ఈ చిన్నారులు

ఈనాడు, హైదరాబాద్-స్వాస్థ్యమే, బంజారాహిల్స్

పైన సర్టికే చేసే ప్రాణాలు పోకారు. దీంతో ఆ తల్లి దండ్రుల ఆనందానికి అందరూ దీప్త



ఈ దివ్యుని పేరు ఆనాళ్లు తల్లి గర్భం లోనే ఉండగానే మృత్యువుతో పోరాడింది. తల్లిలోని జీవితశక్తి దివ్యునితో పోరాడింది. సాగించి గోల్ లో ఈ విషయం

తల్లి గర్భంలో ఉండగానే గుండెలో లోపాలు కాలక సాయంతో వ్యవర్ధ్యులు రెయిన్ లో అనుపత్రే అధ్యక్షులలో ప్రత్యేక కార్యక్రమం

కోరింపగలవడం పెందిన మరో దివ్యుని తల్లి గర్భంలో ఉన్నప్పుడు గుండె 280కు దాటింది. సాధారణంగా పిల్లల్లో బది



శేలదంతో తొలుత పలు అనుపత్రుల్లో మాంచునా.. కితువు బతుకదం కష్టమంది.. గర్భ ప్రాపం చేసుకోవాలని సూచించారు. తమ దివ్యుని ఎలాగైనా కాపాడుకోవాలనే పట్టుదలతో తల్లిదండ్రులు ఆబరి ప్రయత్నంగా రెయిన్ లో అనుపత్రుని సంప్రదించారు. పరిశీ లించిన వైద్యులు గర్భంలోనే ఉండగానే కితువుకు చికిత్స అందించారు. రోజుల వ్యవధిలోనే సానుభూతి సాధించిన వ్యాధి. శరీరంలో జీవితశక్తి తల్లి సాధారణ స్థితికి చేరుకుంది. వెలుతురు దుండగానే.. సంపూర్ణ ఆరోగ్యంతో పుట్టింది. పాపను యాని తల్లిదండ్రులు మునుసాచారు. గర్భంలో ఉన్నప్పుడు ఇలాంటి సమస్యలు ఉంటే.. పుట్టిన తర్వాత గుండెలో లోపాలు ఎదురయ్యే ముప్పు ఎక్కువ. కానీ అలాంటి పరిస్థితి ఏమీ లేదని వైద్యులు తెలిపారు.

140-180 ముక్కలు ఉంటుంది. దీంతో గుండె పని చేయడం ప్రతిరోజూ తప్పక వచ్చేవారు. కితువు శరీరంలో నీరు చేరింది సాధారణంగా ఇలాంటి సమయంలో తల్లికి మందులు ఇవ్వడంతో పుంటూ దాకా కితువుకు చేరి వ్యాధి తగ్గుతుంది. ఈ కితువు విషయంలో అది మాత్రా సాధ్యం కాలేదు. దీంతో నేయా గర్భవతి కితువుకి ఇంజక్షన్ ఇవ్వడంతో చక్కటి 110కు తగ్గింది. దీంతో వైద్యులు పునర్జన్మ ఇచ్చారు.

ప్రతి వెయ్యిమందిలో 10 మంది.. లిటిల్ హాప్స్ పోండ్ ప్స. పూర్వ లిటిల్ హాప్స్ పోండ్ ప్స. మహిమాయి పోండ్ ప్స. దీంతో పాటు లాంటి ల్యాబ్ లు సీనియర్ కింద పేద దివ్యులు తులక ఉదరంగా గుండె తగ్గు చేతులు వెలుస్తున్నాయి. తల్లి వారు 'పంట్లో హాప్స్ చేసు బంజారాహిల్స్ రెయిన్ లో హాప్స్ సెంటర్ లో నిర్వహించారు. అనుపత్రే టీవీ సిటియాలిక్ కార్మి యాలంపట్ల డాక్టర్ కౌనేటి నాగేంద్రారావు మాట్లాడుతూ.. రెయిన్ లో అనుపత్రే అధ్యక్షులలో పేజా 2400 తంటే ఎక్కువే ఏతో కార్మియాలామలు నిర్వహించుండగా ఇందులో 30 శాతం దివ్యులలో గుండెలోపాలు గుర్తిస్తున్నట్లు తెలిపారు. పుట్టు కతో మళ్ళీ గుండె లోపాలును ఎదుర్కొన్న విశేషంగా నిలి చిన దివ్యులు, తల్లిదండ్రులు పాల్గొన్నారు. లాంటి ల్యాబ్ ఎక్సుపర్టిజ్ వైర్లర్ రుతుమూర్ మాట్లాడుతూ పేజా 10 మంది కితువులకు వైద్యసాయం అందిస్తున్నట్లు



ఈ బాలు పేరు చిశ్వరేడ్ రెడ్డి. బండ్లగూడుకు వెందిన గీత, వెంటట రెడ్డి రెండింటి పంతులు. గర్భంలోనే దివ్యుని గుండెలో సమస్య తెలిసింది. గుండెకు టీవీ టీవీ రక్షణశాళం పంపునగా మారడంతో బాలు ప్రాణాలకు ముప్పు వాటిల్లింది. స్వాస్థ్యగోల్ లో గుర్తించిన వైద్యులు బాలు పుట్టిన తర్వాత కితి

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عالمی یوم قلب ریڈو چلڈرنس ہارٹ انسٹی ٹیوٹ میں

صحت یاب بچوں کے لئے انوکھی تقریب

حیدرآباد 29 ستمبر۔ عالمی یوم قلب کے موقع پر ریڈو چلڈرنس ہارٹ انسٹی ٹیوٹ میں ایک دل کی بیماریوں کے لئے ایک ایسی تقریب منعقد کی گئی۔ اس تقریب میں 750 سے زائد بچوں اور ان کے والدین نے شرکت کی۔ ان کا تعلق ملک کے مختلف محالوں سے ہے۔ جبکہ 120 افراد درجہ اول اور درجہ اول سے زائد کے بچوں کی زندگی بچانے کے لئے اس تقریب میں شرکت کی۔ اس تقریب میں 50 مراعات سے محروم بچوں کے لئے دل کی بیماریوں کی طرف سے مدد کا اعلان کیا گیا جو قلب کے امراض کے خاتمے کے لئے اس موقع پر ڈاکٹر



تقریب کا اہتمام کیا گیا۔ اس 110 بستر والے دل کے مراعات سے محروم بچوں کی زندگی بچانے کے لئے اس تقریب میں 750 سے زائد بچوں اور ان کے والدین نے شرکت کی۔ ان کا تعلق ملک کے مختلف محالوں سے ہے۔ جبکہ 120 افراد درجہ اول اور درجہ اول سے زائد کے بچوں کی زندگی بچانے کے لئے اس تقریب میں شرکت کی۔ اس تقریب میں 50 مراعات سے محروم بچوں کے لئے دل کی بیماریوں کی طرف سے مدد کا اعلان کیا گیا جو قلب کے امراض کے خاتمے کے لئے اس موقع پر ڈاکٹر



పుట్టుకతో వచ్చే గుండె లోపాలను ఎదుర్కొన్న విశేషలతో

BEFORE THE DEBTS RECOVERY TRIBUNAL-II At: Tirumala Complex, 1st Floor, Abadi, Hyderabad
O.A. No. 305 of 2023
Between HDFC Bank Ltd., AND Mrs. Paramanagali Latha & Arr
SUBMITS BY WAY OF PAPER PUBLICATION
1. Mrs. Paramanagali Latha W/o: P. Yadav, Aged about 52 years, Do: Home, Main Road, H. No. 1-124/45/591, Manager Madhwa, Mahalingam, Tirumangali, Mysuru, Hyderabad-500099.
2. Mr. P. Yadav, S/o P. Angayappa, Aged about 49 years, Do: Business, H. No. 1-110/4/6/661, Manager Madhwa, Mahalingam, Tirumangali, Mysuru, Hyderabad-500099.
3. The Respondents/Debtors do hereby file the Return on the above O.A. No. 305/2023 filed on the Applicant for Recovery of money of Rs. 33,06,098/2/- against you. The Hon'ble Tribunal ordered summons to be issued by way of paper publication in "Vardaan" daily newspaper and posted the number on 02.11.2023.
In accordance with sub-section (4) of section 13 of the Act, you, the respondents are directed to:-
i) To show cause within thirty days of the service of summons as to why relief granted should not be granted.
ii) To disclose particulars of properties or assets other than properties and assets specified by the applicant under serial number 3(a) of the Original Application.
iii) You are requested from showing sale or disposal of secured assets or such other assets and properties disclosed under serial number 3(a) of the application, pending hearing and disposal of the application for attachment of properties.
iv) You shall not transfer by any sale, lease or otherwise, except in the ordinary course of the business any of the assets or other assets and properties disclosed under serial number 3(a) of the original application without the prior approval of the Tribunal.
v) You shall be liable to account for the sale proceeds received by sale of secured assets or other assets and properties in the ordinary course of business and disposal under sale proceeds in the account maintained with the bank of financial institutions holding security interest over such assets.
You are hereby required to show cause on 02.11.2023 at 10.30 a.m. at Debts Recovery Tribunal-II, 1st Floor, Tirumala Complex, Abadi, Hyderabad - 500099 in person or by an Advocate duly mandated as to why the relief granted for should not be granted.
This notice has in view of the fact that the Application will be heard and determined in your absence.
(To view under your original case file of this Tribunal

రెయిన్ బో హాస్పిటల్ లో

లిటిల్ ఛాంసుల్స్ టో నేడు

హైదరాబాద్, సెప్టెంబరు 29, ప్రాథమిక పుట్టుకతో వచ్చే గుండె లోపాలును ఎదుర్కొన్న విశేషాలూ నిలిచిన దివ్యులతో రెయిన్ లో హాస్పిటల్ వరల్డ్ హాప్స్ టీ వీవీ రక్షణ శాఖలో ప్రత్యేక వేడుకను నిర్వహించింది. వరల్డ్ హాప్స్ గుండెలోపాల రెయిన్ లో హాస్పిటల్ ప్రధాన డాక్టర్ శ్రీమతి డాక్టర్ కౌనేటి నాగేంద్రారావు మాట్లాడుతూ "పేజా 110 మంది అనుపత్రే తో పుట్టిన తల్లిదండ్రులకు 700 మార్కులలో ప్రాసెస్ చేయించి 750/8 మార్కులలో నిర్వహించిన నిర్వహించింది. ప్రాథమిక పుట్టుకతో వచ్చే గుండె లోపాలును ఎదుర్కొన్న విశేషాలతో రెయిన్ లో హాస్పిటల్ లో ప్రత్యేక వేడుకను నిర్వహించింది. వరల్డ్ హాప్స్ గుండెలోపాల రెయిన్ లో హాస్పిటల్ ప్రధాన డాక్టర్ శ్రీమతి డాక్టర్ కౌనేటి నాగేంద్రారావు మాట్లాడుతూ "పేజా 110 మంది అనుపత్రే తో పుట్టిన తల్లిదండ్రులకు 700 మార్కులలో ప్రాసెస్ చేయించి 750/8 మార్కులలో నిర్వహించిన నిర్వహించింది.

Date: 30/09/2023, Edition: Hyderabad Main(Hyderabad Main.), Page: 3
Source: <https://epaper.vardaan.com/>

Congenital heart diseases can be cured, say doctors

Most of the congenital heart anomalies can be effectively treated if detected at an early stage, cardiologists said on the occasion of the World Heart Day, on Friday. There is no need to lose hope on congenital heart diseases. At the Rainbow Children Heart Institute, Banjara hills, more than 30 survivors who were diagnosed with congenital heart disease during their prenatal stages alongside their families have celebrated the occasion.



lose hope, but to remain resilient in supporting their child's recovery from this challenge. We perform over 2,400 echo-cardiograms annually and 30% of these reveal anomalies." Dr Chinna Swamy Reddy, Chief Cardiothoracic Surgeon, said, "Most congenital heart anomalies can be effectively treated if detected at an early stage. Surgical interventions in some cases are life saving. It's essential to understand that early intervention is the key, if we detect during the prenatal period."

Speaking on the occasion, Dr Shweta Bakru said, "In some of the heart diseases identified in foetal life, medical or surgical intervention may not be necessary, except for long-term follow-ups. I urge parents of babies with congenital heart disease not to

Rewards & Recognitions

Rewards and recognition play a crucial role in hospitals for several reasons:

Employee Morale: Acknowledging and rewarding the hard work of healthcare professionals boosts morale. In a high-stress environment like a hospital, recognizing efforts contributes to a positive workplace culture and helps employees feel valued.

Retention: Healthcare professionals are more likely to stay in an organization where their contributions are acknowledged. Rewards and recognition programs can be key factors in retaining skilled and experienced staff, reducing turnover rates, and maintaining continuity of care.

Motivation: Recognition serves as a motivator, encouraging healthcare professionals to consistently deliver high-quality patient care.

In summary, rewards and recognition contribute to a positive work environment, enhance employee satisfaction, and ultimately lead to better patient care and outcomes in a hospital setting.



Academics Excellence - IAP (Diploma IN Paediatric Critical Care Nursing (IDPCCN) was a BIG HIT:

Academics excellence -IAP (Diploma IN Paediatric Critical care Nursing (IDPCCN) was a BIG HIT:

A certification course by a professional board validates knowledge, abilities and skills in an area of clinical practice and for an identified nursing role

On 7/6/23 Our PICU IN Guindy Branch was accredited as a level 3 Teaching unit for Diploma IN Paediatric Critical care Nursing (IDPCCN)

We had 4 seats allotted for Nursing Fellowship in Paediatric critical care.

1. Mr.Kadahar Basha
2. Ms.Abirami
3. Ms.Nithya
4. Ms.Dhanalakshmi

These Young Nurses were given opportunity to enroll themselves for the course which is for a period of one year.The Nurses are Guided by our Intensivist Dr.Karthick Narayanan & Dr.Natraj.

Several other nurses of 10 in number were enrolled for the fellowship courses across the Rainbow branches.

It is a progressive learning experience and supports them in acclimating to their professional role as well.

Patient feedback

Collecting patient feedback on nurses within a hospital setting is indispensable for a multitude of reasons. Firstly, such feedback serves as a potent instrument for quality improvement, shedding light on both commendable practices and areas that necessitate enhancement.

Patient satisfaction, a pivotal metric in healthcare, is intricately tied to their experiences with nursing care. Positive feedback not only signifies effective care delivery but also contributes to a positive reputation for the hospital. Additionally, patient input aids in the evaluation of individual nurses' performance, facilitating recognition for exemplary service and pinpointing areas for additional support or training.



priyanshu mishra

3 reviews

★★★★★ a month ago

Nursing staff was very good, floor coordinator, coordinate very good
Overall very good



Alokparna Sengupta

2 reviews

★★★★★ 4 months ago

My first time admitting my child for a surgery and a nerve wracking time was made easier thanks to the Rainbow hospital at Financial district. Feedback was taken very well by floor coordinator Madhur and implemented immediately. I'm very thankful to her and Ashutosh. **The nurses were gentle and friendly with the baby** and the food was great too! I hope I don't have to come back for any other surgery for my baby but if I do, I will trust Rainbow for the same. Thanks so much!



Asif khan

4 reviews

★★★★★ a week ago **NEW**

Thank you Sister Sonia(Rainbow Nankamramguda hospital staff), she handled my baby with extreme care and inserted the IV cannula with care, thank you once again sister..appreciate it..



pevan kumar reddy

★★★★★ a week ago

We had our first baby delivered here. Our experience is a happy and positive one.

Overall processes in the hospital is very well structured and efficient. The ambience of the hospital is quite positive.

Doctors are extremely helpful, patient to listen to queries and our anxieties :) They took very good care of mother and baby. Special thanks to Rajeshwari doctor garu who lead the overall delivery.

Thankful to the whole nursing department who are very supportive during and post delivery. Special mention to the nurse Dupika who is very energetic and positive minded. We feel relaxed when she is around the baby and with her playful jokes.



Rajakumar K

2 reviews

★★★★★ 4 weeks ago

Dr.Karthick has taken care of kid very well and very responsive. Admin team responsive is Good..
Nurse behaviour and service was good. Had good hospitality in Rainbow hospital.



Tamil Ilakkia

2 reviews · 1 photo

★★★★★ 3 weeks ago **NEW**

The pediatrician and the nurses are very experienced and sensitive in handling the baby and attending to thier needs.

Accreditation Corner






A testament to our Gold Standard in exceptional patient care.





Rainbow Children's Hospital, Banjara Hills, is NOW Joint Commission International (JCI) accredited








Setting a quality benchmark in the Health Care Fraternity

Rainbow Children's Hospital, Hebbal is now proudly **NABH accredited!**

Humor

Ordering a pizza in 2023

CALLER: Is this Pizza Hut?
GOOGLE: No sir, it's Google Pizza.
CALLER: I must have dialed a wrong number, sorry.
GOOGLE: No sir, Google bought Pizza Hut last month.
CALLER: OK, I would like to order a pizza.
GOOGLE: Do you want your usual, sir?
CALLER: My usual? You know me?
GOOGLE: According to our caller ID data sheet, the last 12 times you called you ordered an extra-large pizza with three cheeses, sausage, pepperoni, mushrooms and meatballs on a thick crust.
CALLER: Super! That's what I'll have.
GOOGLE: May I suggest that this time you order a pizza with ricotta, arugula, sun-dried tomatoes and olives on a whole wheat gluten-free thin crust?
CALLER: What? I don't want a vegetarian pizza!
GOOGLE: Your cholesterol is not good, sir.
CALLER: How the hell do you know that?
GOOGLE: Well, we cross-referenced your home phone number with your medical records. We have the result of your blood tests for the last 7 years.
CALLER: Okay, but I do not want your rotten vegetarian pizza! I already take medication for my cholesterol.
GOOGLE: Excuse me sir, but you have not taken your medication regularly. According to our database, you purchased only a box of 30 cholesterol tablets once at Lloyds Pharmacy, 4 months ago.
CALLER: I bought more from another Pharmacy.
GOOGLE: That doesn't show on your credit card statement.
CALLER: I paid in cash.
GOOGLE: But you did not withdraw enough cash according to your bank statement.
CALLER: I have other sources of cash.
GOOGLE: That doesn't show on your latest tax returns, unless you bought them using an undeclared income source, which is against the law!
CALLER: WHAT THE HELL?
GOOGLE: I'm sorry sir, we use such information only with the sole intention of helping you.
CALLER: Enough already! I'm sick to death of Google, Facebook, Twitter, WhatsApp and all the others. I'm going to an island without the internet, TV, where there is no phone service and no one to watch me or spy on me.
GOOGLE: I understand sir, but you need to renew your passport first. It expired 6 weeks ago...

AI affects daily life in various ways, from virtual assistants streamlining tasks to personalized recommendations on entertainment platforms. It also plays a role in healthcare diagnostics, traffic optimization, and smart home technology, making life more efficient and convenient. However, concerns about privacy, job displacement, and ethical considerations accompany its widespread use.

It's important to note that not all AI has access to personal information. Privacy laws and ethical considerations govern the use of personal data. Responsible AI applications prioritize user privacy and often employ encryption and other safeguards. Users should be aware of the privacy policies of services they use and have control over their data sharing preferences.

Did you know????



MALDIVIAN DEMOCRACY NETWORK

Lupe Hernandez

Reaching for the #HandSanitizer bottle? Do you know it is a woman you have to thank for your peace of mind?

In 1966 student nurse Lupe Hernandez, while researching ways to easily cleanse without soap or water, realised that if alcohol was in gel form, it could clean hands when people had no access to soap and water.

While the classic combination of soap and water still proves most effective against spreading germs, hand sanitizer is helping disinfect hundreds of thousands of hands against disease, especially during pandemics.

Today, hand sanitizers are everywhere from hospitals, bathrooms, restaurants, backpacks, pockets and more, proving itself to be an essential staple for many, thanks to its usefulness, effectiveness and accessibility.

Wash your hands! Stay safe and celebrate Lupe Hernandez.

#HerStory

@MDN_mv @mdn_mv
@DemocracyNetwork Email: admin@mdn_mv

The infographic features a stylized illustration of Lupe Hernandez, a woman with dark curly hair, wearing a yellow top. The background is a solid green color. The text is in white and yellow, providing a clear contrast. The Maldivian Democracy Network logo is in the top left corner. Social media handles and contact information are listed at the bottom.

Exciting events on the horizon, awaiting next edition

Stay tuned for thrilling updates in our upcoming nursing newsletter!"

Anticipate a burst of excitement in our upcoming nursing newsletter as we unveil noteworthy news that will surely elevate our shared journey in healthcare!"